

Personal Statement

In your own words write about:

GENERAL INTRODUCTION / PERSONAL QUALITIES

Include here anything about yourself as a person. Make sure you mention how you relate to other people and your overall approach to life.

- Do you get on with most people in your class? Do you enjoy group work?
- Do you get along well with adults?
- Do you fit in and make friends easily?
- Do you do things without being asked?
- Are you willing to listen to other people's ideas?
- Can you be left to do a job on your own?
- Can you overcome shyness?
- Do you stick at something and finish it even if it's boring or difficult?
- Are you helpful and friendly at home? At school?
- Can you be trusted with things?
- Do you always turn up on time?
- Do you see the funny side of things and show a sense of humour?
- Can you take a joke about yourself?
- Do you set yourself targets and try to meet them?
- Are you well organised and do you use your planner?

ACADEMIC ACHIEVEMENTS

You need to write here about the school subjects you most enjoy and those in which you best in. Consider your estimated grades and how you are progressing in all/some subjects.

- Your attainment i.e. how well you are doing, levels reached and your Estimated / Target grade.
- The effort you put in, your performance in class and in homework.
- Your attitude and approach to the subject.
- Any positive criticism you may have of the subject. Make it clear what your overall academic progress is like and give some indication of how you will achieve in your subjects. For example: "I expect to gain at least 4 subjects at grade D or above".

OTHER ACHIEVEMENTS AND AWARDS

Write here about any other awards or achievements you have gained either inside or outside school. You can list any certificates or medals you have been awarded e.g. swimming, dancing, first aid, Duke of Edinburgh's Award, Youth Award, Guides/Scouts, sports etc..

RESPONSIBILITIES AND INVOLVEMENT IN SCHOOL LIFE

Everyone should find something to write here.

- School teams.
- Taking part in sponsored walk / charity events.
- Backstage at plays etc..
- School council.
- Help in library / careers.
- Organising discos.
- Any clubs / societies.
- School trips / camps.
- Help at parent's evenings / other functions.
- Writing for newsletter.

INTEREST AND LEISURE ACTIVITIES OUTSIDE SCHOOL

Everyone has lots to write here but be precise. i.e. if you say you like listening to music, say what type of music and how frequently you do this.

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| ● Holidays. | ● Decorating. |
| ● All sports / clubs / teams. | ● Cooking. |
| ● Outdoors. | ● Discos / Clubs. |
| ● Gardening. | ● Youth hostelling. |
| ● Keeping pets. | ● Computers / Internet. |
| ● Photography. | ● Reading. |
| ● Interest in fashion / make-up. | ● Travelling. |
| ● Cinema. | ● Keeping diary. |

WORK EXPERIENCE PLACEMENT

Say where you went, exactly what you did, how you got on with the people there and what skills you learned.

Include a quotation from your supervisor's assessment report. Refer to comments in your Log Book. Mention if the experience has influenced your thoughts on a future career / training.

FUTURE PLANS

Write about your plans for the future [even if these are still general] and explain if you intend to apply for College / 6th Form courses / modern apprenticeships / work with training and what these are.

What might this lead to in the future?