Dear Parents/Carers

During PSHE in Year 7 we will be covering the RSE curriculum as defined in the legal statutory requirements.

The majority of the teaching will focus on the building of positive safe relationships and will reinforce life skills to support this as well as looking at health. We will cover the changes during puberty, both physically and emotionally. We will tackle the difficult subjects of bullying, including online bullying and the use of AI.

From the point of view of safety, we look at consent for young people and what this means. Other topics include stereotype, wellbeing and banking. We also look at legal and illegal substances such as drugs, smoking, vaping and alcohol.

If you have any queries about what will be covered in these lessons please do get in contact with either Ms Young or Mrs Biles

Kind Regards